Beekman Recreation & Parks Teen Leadership Council

How to Teach



- 1. Get their attention a. How???
- 2. Introduce yourself
- 3. Find out about them
 - a. What do you want to know about them?
 - b. How do you ask it?
- 4. Introduce the activity
- 5. Explain & DEMONSTRATE

 a. If complicated, show a part at a time
- 6. Practice with them/review
- 7. Work the group to be sure they understand
- 8. LBE (Lead by Example): you play and look like you're having fun too!
- 9. STOP the activity while they are still having FUN[™]