Beekman Recreation and Parks brings you Cornell Cooperative Extension Dutchess County’s:

**Discipline is NOT a Dirty Word**

*A three-session program designed for parents, grandparents and other relative caregivers who are in a parenting role.*

- Discuss the Seven Basic Principles of Positive Discipline
- Be a Success as a Disciplinarian with Young Children through Teens
- Learn Your Parenting Style: Are You a Jelly Fish or a Brick Wall
- How to React to and Guide Your Children’s Behavior
- Practice Examples for Parents and Caregivers

**Dates:** Thursdays: May 8, 15, and 22, 2012

**Time:** 6:00 pm – 8:00 pm

**Location:** Beekman Recreation Community Center

**Fee:** No charge to grandparents and other relatives raising children; $30 fee for parents ($40 for couples) and professionals seeking continuing education (fee includes all workshops and program materials)

To register, complete and mail the attached registration form with payment or contact:

Nina Doyle at (845) 677-8223, ext 137 or nm62@cornell.edu

---

**Discipline is NOT a Dirty Word**

Mail to: Cornell Cooperative Extension Dutchess County RAPP, 2715 Route 44, Suite 1, Millbrook, NY 12545

E-mail: nm62@cornell.edu or FAX: (845) 677-3813

Name(s): __________________________________________________________

Address: _________________________________________________________ Daytime Phone: ____________________________

City: ___________________________ State: __________ Zip: ______________

Ages of children: __________________________ Are you a relative caregiver? :________________________________________________________________

Special Needs: __________________________

---

Cornell Cooperative Extension Dutchess County provides equal program and employment opportunities. This program is partially funded by monies received from the County of Dutchess, Dutchess County Division of Aging, the NYS Office of Children and Family Services and the Town of Beekman. Please contact the Cornell Cooperative Extension office if you have any special needs.

www.beekmanrec.com